

# **Be an Endocrine Surgeon!**

## **What is Endocrine Surgery?**

Endocrine surgeons are experts in surgical diseases of the thyroid, parathyroid, adrenal glands as well as in neuroendocrine tumors of the pancreas and GI tract.

## **What is the training pathway for an endocrine surgeon?**

In the US, the typical pathway for an endocrine surgeon is the completion of a general surgery residency program followed by an endocrine surgery fellowship. The clinical portion of an endocrine surgery fellowship is typically one year. Some fellows elect for a second year of fellowship to further build expertise in endocrine surgery research.

## **What is a typical week for an endocrine surgeon?**

Endocrine surgeons will see patients in clinic for conditions such as hyperparathyroidism, thyroid nodules, thyroid cancer, Graves disease, pheochromocytoma, aldosteronoma, adrenal Cushing's syndrome and neuroendocrine tumors. Many endocrine surgeons are facile in bedside ultrasound and fine needle biopsy, which is performed in clinic. Once the workup is completed and the patients are deemed suitable surgical candidates, patients will be scheduled for surgery. Most endocrine surgical disease are highly curable which promotes high levels of job satisfaction for endocrine surgeons. Many endocrine surgeons will also have a blend of teaching, research and administrative responsibilities, as the predictability of the clinical schedule enables scheduled time for other responsibilities.

## **How do I learn more about endocrine surgery?**

Check out our website at [www.endocrinesurgery.org](http://www.endocrinesurgery.org)!

Join the American Association of Endocrine Surgeons (AAES)! The AAES is dedicated to the advancement of the science and art of endocrine surgery. Our members have clinical expertise in and research interests that focus on endocrine surgical diseases. They are certified by either the American Board of Surgery of the United States, the Royal College of Surgeons of Canada or the equivalent governing boards in Mexico and South America. Our membership includes international leaders in endocrine surgery and allied specialists that have demonstrated a similar focus of practice.

The AAES is committed to providing surgical expertise in diseases of the thyroid, parathyroid, adrenal glands as well as in neuroendocrine tumors of the pancreas and GI tract. Our goal is to discover and promote the best treatments for endocrine disease to help improve our patients' lives.

## **Questions?**

Please contact us at [info@endocrinesurgery.org](mailto:info@endocrinesurgery.org).

