

## MOUNT SINAI ENDOCRINE SURGERY FELLOWSHIP

The program is based at The Mount Sinai Hospital, a 1171 bed tertiary care center in the heart of New York City. Staffed by 1800 physicians, the hospital serves as the primary academic facility for Mount Sinai School of Medicine, internationally recognized for world-class teaching and research ranking in the top 20 by US News in 2011 and 18<sup>th</sup> nationally in NIH funding.

With the formation of the Division of Laparoscopic Surgery in 1992, Mount Sinai was one of the first medical schools in the United States to recognize the field as a distinct specialty within general surgery. Mount Sinai now boasts one of the nation's most clinically active laparoscopic and minimally invasive programs.

In 2009, with the recruitment of Dr. William B Inabnet, the Division of Laparoscopic Surgery evolved into the Division of Metabolic, Endocrine and Minimally Invasive Surgery (MEMIS). The Division staffs and oversees 4 disease-specific programs of excellence: Metabolic, Bariatrics and Diabetes Surgery (led by Dr Daniel Herron), the Thyroid and Parathyroid Program, the Adrenal Center and the Laparoscopic Gastrointestinal Surgery Program. This interdisciplinary division was formed to recognize the increasing importance of multidisciplinary care and to capitalize on the educational and research opportunities presented by the synergy of these rapidly evolving fields. Two fellows will be accepted to our program: 1 Endocrine Surgery fellow from the AAES-sponsored match and 1 Laparoscopic/MIS fellow from the SAGES-sponsored Fellowship Council match.

For 10.5 months, the Endocrine Surgery fellow will focus on Endocrine Surgery, which is staffed by 4 fellowship-trained endocrine surgeons (Shalini Arora, William Inabnet, Randy Owen and Kaare Weber). The fellow will participate in the following:

- Minimally invasive thyroid and parathyroid procedures (local anesthesia, video-endoscopic, robotics, transaxillary, nerve monitoring)
- Laparoscopic adrenalectomy (transabdominal and retroperitoneal)
- Hepatic and pancreas endocrine surgical oncology (RFA/resection neuroendocrine hepatic metastases, carcinoid, islet cell tumors)
- Office-based procedures: cervical ultrasonography, fine needle aspiration, laryngoscopy
- Head and neck oncology (neck dissection, parotid, melanoma, squamous cell cancer)
- Multidisciplinary Thyroid Center (staffed by endocrine surgery, endocrinology, cytopathology, nuclear medicine and medical oncology)
- The Adrenal Center (staffed by endocrinology, endocrine surgery, cardiology and other ancillary specialists)

The Endocrine Surgery fellow will also spend 6 weeks focusing on Laparoscopic, Bariatric and Minimally Invasive Surgery. The fellow will work with one of the busiest laparoscopic surgery programs in the US (Michael Edye, Daniel Herron, William B Inabnet, Subash Kini and Barry Salky), performing a large number of diverse procedures:

- Metabolic surgery: GI procedures designed to address Type II diabetes and metabolic syndrome
- Foregut: funduplications, paraesophageal hernia repairs, Heller myotomies and gastric/small bowel resections
- Colon/Rectal: partial, subtotal and total colectomy, ostomy formation & takedown, benign and malignant indications
- Bariatric: laparoscopic gastric bypass, adjustable gastric band placement, sleeve gastrectomy, duodenal switch and revisional procedures
- Transplant: laparoscopic donor nephrectomy
- General Surgery: laparoscopic inguinal and ventral hernia repair; diagnostic laparoscopy, appendectomy, cholecystectomy

## MOUNT SINAI ENDOCRINE SURGERY FELLOWSHIP

The Fellow participates in several clinical research projects during the year and is expected to present at a national meeting, generally AAES, IAES, SAGES, ACS, SUS and/or ASMBS. To facilitate the production of academic videos, the fellow is provided with access to professional quality video recording and editing equipment. Numerous opportunities to write review articles and book chapters are available. The fellow presents in general surgery Grand Rounds and plays an active role in the education of Mount Sinai residents and medical students.

Applicants need to have completed an accredited five-year general surgery residency program. All applicants from outside the US must present proof of full ECFMG status. Please submit a copy of your CV and 2 letters of recommendation to our fellowship coordinator, Ms Zudith Lopez ([zudith.lopez@mountsinai.org](mailto:zudith.lopez@mountsinai.org)). A select group of highly qualified applicants will be invited to visit Mount Sinai for interviews.

Once again, thank you very much for your interest in the Mount Sinai Fellowship in Endocrine Surgery, and best wishes in all your future surgical endeavors.

Sincerely yours,

William B Inabnet, MD, FACS  
Chief, Division of Metabolic, Endocrine and Minimally Invasive Surgery  
Director of Surgical Sciences, Metabolic Institute  
Mount Sinai Medical Center  
5 East 98th St, 15th Floor, Box 1259  
New York, NY 10029  
Academic Telephone: (212) 241-3662  
Academic Facsimile: (212) 534-2654  
E-mail: [william.inabnet@mountsinai.org](mailto:william.inabnet@mountsinai.org)